

2022-2023 BCRR Awards and Recognition



A few memories from the last year....



A few memories from the last year....



A few memories from the last year....



A few memories from the last year....



BCRR Awards

- Two different categories of award
 - Service awards
 - Party Hosts
 - Club Support
 - Race Management
 - Special Awards
 - Running Awards – “Runner of the Year”
 - Rewards members generating the most points for BCRR in the HARRA interclub Competitions
 - Directly tied to participation and performance in the HARRA Spring and Fall Series Races



Service Awards – Party Hosts

- John Phillips LOOONG Run – John Phillips, Sue Leone & Alan Svoboda, Susan Cita
- Christmas Party – Lisa Thompson
- Marathon Party – Sue Leone, Alan Svoboda, Chuck Bracht, Cheryl Verlander



Marathon Hoopla Stations

Mile 21: Susan Cita



Service Awards- Day to Day Club Support



BCRR Website & Newsletter

→ Joe Lengfellner



Service Awards – Training Support

Sunday Morning Hydration Czars

→ Loris Fusi - Hydration Coordinator

→ Sunday Morning Volunteers

- Peter Griffiths
- June Harris
- Scott Bounds
- Steve Hasson
- Jeff Wittig
- Avi Moss
- David Piper
- Charlie Schaub
- Jacqueline Flaherty



Service Awards – Training Support

Wednesday Evening Hydration Czars

→ Tina Reynolds

→ Andrew Kenworthy



Service Awards-Race Management



Race Management

Mike Mangan - Darling Dash



Race Management

Joe & Hope Sellers - Rockets Run



Race Management

Kathi Mahon -
Bayou Bash Relay

Under the expertise of
Mike Mangan



Alex's 5K Volunteers

A special "Thank You" to:

- Kathi Mahon
- Milan Jamrich
- John Phillips
- Bob Thompson
- Susan Cita
- Dave Piper
- Sarah Austin
- June Harris
- Alan Tillotson
- Lara Allen
- Will Henderson
- Christina Young
- Joe Sellers
- Hope Sellers



BCRR Special Service Awards

- Dale Holder
- Athletic Supporter
- Mellow Monday Maniac
- John Phillips



Dale Holder Award

→ SUE LEONE & ALAN SVOBODA

- John's LOOOOOOOOONG Run Hosts and behind the scenes set up
- Post-Marathon Party Hosts



Mellow Monday Maniac Award

→ MOODY JINDIALA



John Phillips Award



John Phillips Award

→ JOEL DUBOIS

- Dedicated member of the BCRR Board
- Beer Guy
- Boatshed Heavy Lifter



Running Awards



Runner's Awards

- Most Improved Male and Female
- Newcomer of the Year
- Top Age Group Runners (Male & Female)
 - Top Cumulative scorer or 3 deep in categories with >10 participants
- Runners of the Year (Male and Female)
- Top Gun (best age-graded performance in a single HARRA race)



Most Improved Runner - Female

→ **Sam Pace**

– 3 PRs

- First sub-2 hour Half:
Houston Half - 1:55:04 (>5 min PR)
- First sub-4 hour Marathon:
Carmel, IN Marathon - 3:59:40
- First sub-25 minute 5K:
Bellaire Trolley Run - 24:47



Most Improved Runner - Male

➤ Lee Morris

– Houston Marathon:

- 2022: 3:56:34
- 2023: 3:51:15



Newcomer of the Year Award



→ LEYLA & EIVIND
ØSTERHUS

- Attendees to:
 - Weekly Runs
 - Happy Hour
 - Family Picnic
- Leyla
 - Congrats on your BQ!!!

Runners of the Year

- Cumulative age graded results of ALL HARRA races for the year
 - Participation is key
 - Relay participation = 75% age graded performance
- Top 3 from each age category will place
- Overall Winner Male/Female will be named *“BCRR RUNNERS OF THE YEAR”*
- No duplication of awards



OPEN WOMEN

Calling all Open Women!!
We need your participation!!!



OPEN MEN



1st Valentino Julien
388.08%

MASTER WOMEN (40-49)

Calling all Masters Women!!
We need your participation!!!



MASTER MEN (40-49)



1st Lee Morris
266.14%



SENIOR WOMEN (50-59)



1st Amy Tan
543.75%



2nd Sam Pace
454.98%



3rd Anna Helm
367.83%

SENIOR MEN (50-59)



1st Steve Hasson
232.13%

VETERAN WOMEN (60-69)



1st Jody Berry
534.47%

2022-23 BCRR Awards



VETERAN MEN (60-69)



1st Paul Schulz
395.15%

2022-23 BCRR Awards



GRAND MASTER WOMEN (70+)



1st Gloria Mahoney
558.33%

2022-23 BCRR Awards



GRAND MASTER MEN (70-79)



1st Ron Morgan
245.40%

GREAT GRAND MASTER MEN (80+)



1st Larry Lindeen
391.88%



2nd John Fredrickson
225.87%

3rd Fred Steves
194.74%



MALE AND FEMALE TOP GUN AWARD



Male Top Gun Award



→ **VALENTINO JULIEN**

- 81.69% at the Aramco Half Marathon
- 1:11:28
- 100 second PR

Female Top Gun Award



→ **ALLYSON SERRAO**

- 90.45% at the Space City 10 Miler
- 1:06:50
- Repeat Champion 2017, 2018, 2019, 2022

MALE AND FEMALE RUNNER OF THE YEAR



Female BCRR Runner of the Year

→ ALLYSON SERRAO



- Ran 9 HARRA Events
- Total Performance Score: 761.31%
- Highest scorer in all of BCRR history!!!

Male BCRR Runner of the Year



→ AVI MOSS

- Ran 8 HARRA Events
- Total Performance Score: 614.76%
- Repeat Champion: 2022



HARRA 2021-2022 Awards:

**Overall Club
Champions**

**Overall Team
Champions**

**Veteran Women Club
& Team Champions**

**Open Men Club &
Team Champions**



HARRA Awards

Stay tuned for the 2022-2023 Awards!!

BUT WAIT...*THERE'S MORE!!*



***THANK YOU,
BCRR BOARD!!!!!!***



Thank you
for making BCRR
the BEST
Running
Club
in HOUSTON!

