

**BAYOU CITY ROAD RUNNERS**  
**WAIVER OF PARTICIPATION**

I acknowledge that I am running in an event that is organized by the Bayou City Road Runners (BCRR) as a virtual activity where I run on my own, at a date and time of my choosing, in a location and running route of my choosing, and which will not have any support or security measures in place. I also acknowledge that the virtual event is a potentially hazardous activity which could result in injury or death. I acknowledge that I am participating in the activity outlined by this virtual event by my own free will and at my own personal risk. I will not participate in a virtual event unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of COVID-19 and attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I attest that if my community has a shelter in place order, that I will only participate in the virtual event by using a personal treadmill, and I will not run outside in the community during the duration of a shelter in place order.

I agree to abide by all rules established by BCRR with respect to participation in any BCRR virtual activity, including the right of any officer or member of the Board of BCRR or race official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of BCRR for the virtual race to be held Friday, September 4th through Monday, September 7<sup>th</sup>, including the terms of this waiver and the timeline for the virtual event and agree to abide by them. I assume all risks associated with participating in a BCRR virtual activity which may include: falls, contact with other people, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road or trail, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of BCRR accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release BCRR, the city of Houston or any other municipality in which I participate in a virtual activity, the Road Runners Club of America, the Houston Area Road Racers Association, all club sponsors or hosts of any BCRR activity, and their respective representatives and successors, from all claims or liabilities of any kind arising out of my participation in any BCRR virtual race, even though that liability may arise in whole or in part out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for BCRR. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature if under 18 years: \_\_\_\_\_

Date: \_\_\_\_\_