



Bayou City Road Runners

Proudly Presents



Bayou Bash Relay

HARRA SPRING SERIES RACE

4 X 2.2 Mile Relay

Saturday April 29, 2023 - 4 PM

**Followed Immediately by the HARRA
Membership Appreciation Picnic**

**Picnic FREE to All Relay Participants,
HARRA Members & Their Families**

The BCRR Bayou Bash Relay is the penultimate race in the 2023 HARRA Spring Race Series. Team and club points will be awarded in accordance with HARRA Competition rules. For more information please visit the HARRA website (www.harra.org)

LOCATION:

T.C.Jester Park, 4201 T C Jester Blvd, Houston, TX

COURSE:

2.2 mile loop course on asphalt and crushed granite trails
Please no bicycles, pets, rollerblades/skates on course.

REGISTRATION:

Online Registration:

<https://runsignup.com/Race/TX/Houston/BayouBash>

Mail-in Registration:

Bayou Bash Relay c/o BCRR

P.O. Box 66196

Houston, TX 77266-0196

Must be postmarked by April 22, 2023



ENTRY FEES:

\$80 per team before race day - \$5 Discount for teams with all runners current HARRA Members

\$100 on race day, no HARRA discount. \$40 for Junior teams (<18)
Entry Fees are Non-Refundable

LATE REGISTRATION:

.Race Day: 2:00 – 3:30 PM @ T.C. Jester Park

MORE INFORMATION: please visit www.bcurr.org or contact
Kathi Mahon (bayoubashrelay@gmail.com)



DIVISION – CIRCLE ONE:

**Open Male / Open Female / Masters Male (40+) / Masters Female (40+) / Mixed Open (2M & 2F)
Mixed Masters (40+) (2M & 2F) / Senior Male (50+) / Senior Female (50+) / Veteran Male (60+) / Veteran Female (60+)
Ultra-Vet Male (70+) / Ultra-Vet Female (70+) / Uber-Vet Male (80+) / Uber-Vet Female (80+)
Juniors (18 and under, any combination)**

TEAM NAME								
First Name	Last Name	M/F	Age	Email	Zip	Club	HARRA #	Emer. Contact #

RELEASE: IN CONSIDERATION OF THE ACCEPTANCE OF MY VOLUNTEERING OR ENTRY, I, MYSELF, MY SUCCESSORS IN INTEREST, HEIRS, ASSIGNS AND REPRESENTATIVES DO HEREBY FULLY RELEASE AND AGREE TO HOLD HARMLESS THE BAYOU BASH RELAY ("EVENT") AND BAYOU CITY ROAD RUNNERS ("MANAGERS") AND ITS ORGANIZERS, HOUSTON AREA ROAD RUNNERS ASSOCIATION, HARRIS COUNTY, THE CITY OF HOUSTON AND EVENT SPONSORS OF ALL LIABILITY, CLAIMS, DAMAGES, DEMANDS, ACTIONS AND CAUSE OF ACTION WHATSOEVER IN ANY MANNER ARISING OUT OF MY PARTICIPATION IN THE EVENT. I ATTEST AND VERIFY THAT I HAVE FULL KNOWLEDGE OF THE RISK INVOLVED IN THIS EVENT, AND THAT I AM PHYSICALLY FIT, HAVE NOT BEEN OTHERWISE INFORMED BY ANY PHYSICIAN, AND KNOW OF NO RESTRICTIONS IMPOSED ON ME BY MY OWN PHYSICIAN THAT WOULD IN ANY WAY PREVENT ME FROM PARTICIPATING IN THE EVENT. I UNDERSTAND THAT BY SIGNING THIS RELEASE I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE PARTIES AS STATED ABOVE FOR ANY AND ALL INJURIES WHICH I MAY INCUR OR AS A RESULT OF THE EVENT. I ALSO GRANT FULL PERMISSION FOR THE FREE USE OF MY NAME AND QUOTATIONS, PICTURE, AND/OR VOICE IN ANY BROADCAST, TELECAST, PRINT ACCOUNT, OR ANY OTHER ACCOUNT IN ANY MEDIUM OF THIS EVENT.

Signature 1: _____ Date: _____

Signature 2: _____ Date: _____

Signature 3: _____ Date: _____

Signature 4: _____ Date: _____