



Bayou City Road Runners

Member Road Runners Club of America and Houston Area Road Runners Association

Bayou City Road Runners was started in 1984 by a few employees of Getty Oil which later merged with Texaco. Bayou City began to flourish and increase its membership in the late 80's and early 90's, and now ranks as the largest running club in Houston. The club has parties after almost all of the HARRA championship races and whenever the mood strikes. Every Tuesday evening, we meet for hill training (hey, we find ways, even in Houston). In addition, we have a Wednesday workout (either a speed workout or a training run...take your pick) after which we reward ourselves with a visit to "Valhalla", a pub on the Rice University campus for beer, fun and dinner nearby afterwards. Every Sunday morning, we meet at Memorial Park for an 10 to 12 mile run and head for breakfast afterwards. Our club works several runs each year including the Jingle Bell Run in December. It's our way of giving back to the running community. And it's not just about running. We also have happy hours, bowling outings, volleyball nights, ski trips, international marathon trips, hiking trips etc. So, regardless of your ability or goals, membership in Bayou City is fun.

Bayou City has had great success in InterClub Competition sponsored by HARRA. What is the InterClub Competition? Each running club gains points for fielding teams at a series of races designated as HARRA races ranging from 5K to the Houston Marathon, and including two relay races. These are tallied up and at the end of the season a winner is announced. This HARRA competition fosters healthy competition and interaction between clubs and Bayou City more often than not comes out on top every year. Our team spirit and talent go along way in helping us achieve this. Within the club is a "Most Valuable Runner" competition based on a combination of participation and ability within six age groups. Awards for this and other feats during the year are given at our annual Award Banquet held in mid May.

Bayou City's colors are purple and white. Singlets, T-shirts, tank tops, sweatshirts, tyvek jackets, caps and golf shirts with the club logo are available for purchase. 'Word From The Bird' is the club newsletter.

For more info, visit www.bcrr.org

If you'd like to join Bayou City Road Runners, fill out the membership form located on the back of this sheet and mail to (with a check made out to BCRR):

Bayou City Road Runners

Post Office Box 925534 • Houston, Texas • 77292

Bayou City Road Runners

MEMBERSHIP FORM

Send this form with your check made payable to
Bayou City Road Runners
BCRR • P. Office Box 925534 • Houston, Texas • 77292

Please Check One

BCRR Single Social Membership (\$25)
(take \$5 off if you are a HARRA Member)

BCRR Family Social Membership (\$30)
(take \$5 off if you are a HARRA Family)

Check one: New Member Renewal

Name _____ Date of Birth _____ Sex _____

Address _____ City/State _____ Zip _____

(H) Phone _____ (W) Phone _____ E-Mail _____

HARRA # _____

Do you have any other running club affiliations? No Yes (If yes, what are they? _____)

For Family Memberships (list all participating members) :

Name _____ Date of Birth _____

HARRA # _____ E-Mail _____

Name _____ Date of Birth _____

HARRA # _____ E-Mail _____

Name _____ Date of Birth _____

HARRA # _____ E-Mail _____

Name _____ Date of Birth _____

HARRA # _____ E-Mail _____

Tell us about you....

Reason for joining _____

Date of Application _____ Amount Received _____